



SAFETY GUIDANCE

Supporting safe, supervised learning in the water

The Orca Swim Trainer is designed to support swimmers as they move, explore and develop their swimming in the water.

IMPORTANT

The Orca is not a life-saving device or life jacket. It does not protect against drowning and must never replace active adult supervision.

Always Supervise

A responsible adult must actively supervise the swimmer whenever the Orca is being used.

- ✓ Stay close to the swimmer and be ready to provide support when needed.
- ✓ Maintain clear observation of the swimmer while they are in the water.
- ✓ Give the swimmer your full attention.
- ✓ Use the Orca in an appropriate, supervised aquatic environment.
- ✓ Follow the rules and supervision requirements of the pool or facility you are using.

NEVER LEAVE A CHILD UNATTENDED

Never leave a child unattended in or around water, even when wearing an Orca.

Check Your Orca Before Use

- ✓ Check the Orca is the correct size for the swimmer.
 - ✓ Check the suit fits snugly and securely.
 - ✓ Check the torso and shoulder straps are secure and comfortable.
 - ✓ Check the float pads being used are correctly positioned.
 - ✓ Check the suit, straps and float compartments for signs of damage or excessive wear.
- Do not use the Orca if it is damaged or cannot be fitted securely.

Getting the Fit Right

The Orca should fit snugly and securely against the swimmer's body without restricting their movement. The torso straps help keep the float system correctly positioned around the body. Shoulder straps should sit comfortably and should not be tightened to the point that the fabric is excessively stretched.

The swimmer should still be able to move their arms and legs freely.

UNSURE ABOUT THE FIT?

Visit the Find Your Size & Fit Guide before using your Orca.

Supporting Your Swimmer

When introducing the Orca:

- Begin with all 9 floats in place.
- Stay close and offer your hands for support when needed.
- Support underneath the armpits if additional help is required.
- Allow the swimmer time to become familiar with the Orca and the feeling of support.
- Never use the rear straps to lift, hold or support the swimmer.

THE STRAPS ARE NOT HANDLES

The straps are designed to secure and adjust the Orca. They are not designed for lifting or holding the swimmer.

Reducing the Support

Do not rush to remove floats. Progression should be based on how the individual swimmer is moving and responding in the water.

- Begin by removing one back float when the swimmer reaches the Float Pad Removal Phase.
- Remove only one float at a time.
- Give the swimmer time to adapt before making another change.
- Closely observe their movement, body position and confidence.
- Replace a float if the swimmer begins struggling or needs additional support.

ADDING SUPPORT BACK IS NOT GOING BACKWARDS

Swimmers may need additional support when tired, returning after time away from swimming or adjusting to a new challenge. For full progression guidance, refer to the Orca Graduation Guide.

Using the Orca Correctly

DO

- ✓ Put the Orca on while the swimmer and suit are dry where possible.
- ✓ Use the float-padded torso section when pulling the suit into position.
- ✓ Adjust the torso straps to create a secure fit.
- ✓ Check the swimmer and Orca throughout use.
- ✓ Rinse the Orca with fresh water after swimming.

DON'T

- ✗ Pull the Orca into position using the shoulder straps.
- ✗ Use the rear straps to hold or lift the swimmer.
- ✗ Remove several floats at once.
- ✗ Continue reducing support if the swimmer is struggling.
- ✗ Leave a swimmer unattended while wearing the Orca.

Care & Condition

Pool chemicals and regular use can affect swimwear over time. After use:

- Rinse the Orca thoroughly with fresh water.
- Remove the float pad bags to help the suit dry more quickly.
- Allow the Orca to dry fully before storing.
- Regularly check the fabric, seams, straps and float compartments for wear or damage.

Do not continue using an Orca that is damaged or no longer fits securely.

REMEMBER

The Orca provides support. The adult provides supervision.

SUPERVISE • OBSERVE • SUPPORT • ADJUST

Need Help?

For guidance on fitting, using or progressing your Orca, visit the Orca Owner's Guide or contact the Orca team.

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